

Daily Trading General - Date 01 | 04 | 2026

Agar aap apni galtiyan ko pehchaan nahi sakte, to aap unhe sudhaar bhi nahi sakte.

My Monthly Trading Goal

Mera goal hai ki main discipline ke saath trade karu, fixed qty (1 qty rule) follow karu aur 1:2 risk-reward maintain karu. Main overtrading avoid karunga (max 2 trades) aur sirf proper setup par hi entry lunga. Main apne emotions control me rakhunga aur revenge trading nahi karunga. Mera focus capital protection par rahega – loss chhota, profit consistent. Agar mujhe month ka fixed ___% return mil jata hai to wo mere liye enough hai. Mera goal consistent growth hai, gamble profit nahi.

Mistake Thing vs Improve Things

Mistakes in Today's Trading	Improvement in Today's Trading
Aj yellow candle nahi bana fir bhi meine trade liya	Kal se [Apna Name] bina confirmation ke trade nahi lunga
Daily 1 qty se trade karna hai but aaj meine 5 qty se kiya	Kal se [Apna Name] sirf fixed qty (1 qty) se hi trade karunga
1st trade me target mila fir bhi meine 2nd liya and usame loss hua	Kal se [Apna Name] 1st trade me target aaya system close hai
Stoploss or Loss ke baad revenge trading ki	Kal se [Apna Name] loss ke baad break lega, turant trade nahi karna
Stoploss pura liya but target me early nikal gaya	Entry hua ya to target ya stoploss usake pahle kabhi nahi exit karna
2 Trades lena tha but Overtrading (too many trades in one day)	Aj yellow candle nahi bana fir bhi meine trade liya
Kal hamne jo hamare improment likhe vahi same aaj repeat hua	[Apna Name] Bhai kyo nahi samaj raha hai kya paisa paid se aata hai

Are You Trader Right Now ? Rate yourself on Scale of 1 - 10

1	2	3	4	5	6	7	8	9	10
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